

Context

The concept of respectful care remains **undertreated** in Nepal, despite the incorporation of the Right to Safe Motherhood and Reproductive Health Act in 2018. Mothers and newborns are not treated with respect: health providers do not inform women about medical procedures and most of them still request consent from husbands.

Project

With technical and financial support of Enfants du Monde, Green Tara Nepal offers, **face-to-face and online trainings on Respectful Maternal and New-born Care** in three districts of Lumbini Province. These courses will soon be extended to other regions in cooperation with the National Health Training Centre, and will form an integral part of the Skilled Health Provider Training for both initial and refresher training.

For whom?

For health providers and supporting staff working on maternal and new-born health in primary healthcare facilities.

By whom?

Delivered by **trainers** from **National Health Training Centre, Green Tara Nepal** and Province Health Directorate, District and Municipality Health Offices.

Where?

In the **districts of Rupandehi, Kapilvastu and Nawalparasi**, in Lumbini province in the south of the country.

Training objectives

- **Improve the quality of care** by encouraging health care providers to change their behaviour;
- **Promote the rights of pregnant women**, mothers and newborns.



How?

Train healthcare providers to respect women and new-borns through

- Providing **information to mothers** so that they **can make informed decisions** and **give their consent**;
- Ensuring **good communication** with mothers and children, showing respect and being non-judgmental;
- Guaranteeing **women's privacy** during treatment;
- Maintaining the **confidentiality** of medical information and data;
- Demonstrating **empathy**;
- Supporting mothers and encouraging the **presence of a support person during childbirth**;
- Supporting **breastfeeding**, infant care and the mental health of new mothers.

Training format

Face-to-face:

- Paramedics: 5 days
- Nurses: 5 days
- Support staff: 3 days

Online:

- Paramedics: 3 days
- Nurses: 3 days



HEALTH EDUCATION

Benefits

- **Change the behaviour of health care providers** through **practical cases** and action plans for person-centred care;
- **Train a large number of health care providers** at an appropriate pace thanks to the online option;
- Issue a **certificate of attendance** for course participants.

Project players

At national level

- Ministry of Health and Population
- National Health Training Centre
- Green Tara Nepal

At province level

- Provincial district and municipal health departments

At local level

- Health Facilities

Online training technological information

- Hosted on a dedicated platform;
- Designed with Rise by local company MeetingPoint;
- Downloadable on smartphone, tablet, computer for offline use.



You can contribute too!

In 2022 and 2023, more than 200 health care providers have already been trained. Your contribution will help to ensure that all health professionals in Rupandehi, Kapilvastu and Nawalparasi districts can receive the training and thus implement respectful practices and guarantee a positive experience for pregnant women and mothers.

Developed in partnership with:



Government of Nepal
Ministry of Health and Population
National Health Training Center
Teku, Kathmandu

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